



## ASHA WORKERS TRAINING



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## ABOUT US

Accredited Social Health Activist or ASHA workers are the key components of the National Rural Health Mission. They are trained female community health workers and are stationed at every village. The ASHA worker is trained to work as an interface between the community and the public health system. Empowered with knowledge and a drug-kit to deliver first-contact healthcare, ASHAs are the primary backbone of government run healthcare.

## ROLE OF DEEPAK FOUNDATION

Deepak Foundation conducts ASHA Training since 2008. The Department of Health & Family Welfare, Government of Gujarat, Gandhinagar approved ASHA Trainings in various districts. The Foundation conducts training sessions in seven districts of Gujarat and has trained over 20000 ASHAs till now. Deepak Foundation boasts of qualified, experienced and accredited trainers. The Foundation team comprise of seven accredited trainers which includes one national trainer, three state level and three district level trainers.



### KEY COMPONENTS

- ✓ ASHA must primarily be a woman resident of the village **married / widowed / divorced, preferably in the age group of 25 to 45 years.**
- ✓ ASHA is selected through a rigorous process involving various community groups, self-help groups, **Anganwadi Institutions**, the Block Nodal officer, District Nodal officer, the **village Health Committee and the Gram Sabha.**
- ✓ She should be a literate woman with due **preference in selection to those who are qualified up to class 8th.**
- ✓ Capacity building of ASHA is done through series of **training episodes to acquire the necessary skills.**
- ✓ The ASHAs receive performance-based incentives for promoting universal immunization, referral and escort services for **Reproductive & Child Health (RCH) community mobilization other healthcare national programmes, and construction of household toilets.**
- ✓ ASHA provides information about health such as nutrition, basic sanitation & hygienic **practices, healthy living and working conditions, information on existing health services** and the need for timely utilization of health & family welfare services.
- ✓ ASHA will be the first port of call for any health related demands of deprived sections of the **population, especially women and children, who find it difficult to access health services.**