Expected outcomes at community level



Over 1200 women will earn from production and supply of raw material



Over 120 women will be engaged in production and sale of meal mix





Over 6,000 households' nutrition status will improve





Nutritious value per 100 g:

Quality Characteristic	Value
Moisture %	6.3
Ash %	3.6
Fat g/100 g	0.6
Protein g/100 g	12.7
Carbohydrate g/100 g	76.8
Sugar g/100 g	0.0
Energy Kcal/100 g	363.4
Sodium mg/100 g	1212
Potassium mg/100 g	390
Calcium mg/100 g	292.6
lron mg/100 g*	4.1
Saturated fat g/100 g*	0.0
M.U.F.A. g/100 g*	0.15
P.U.F.A g/100 g*	0.45
Trans Fat g/100 g*	0.0
Cholestrol mg/100 g	0.0

Benefits:

✓ Easy to digest ✓ Gluten free

Gluten free Protein rich

Wholesome meal
 ✓ Fat free



Enlightening lives...

Nijanand Ashram Premises, Adjoining L&T Knowledge City, On NH-8, Ta. & Dist. Vadodara-390019, Gujarat

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Instant
Khichdi
comfort food for the soul





DROTEIN BICH CLUTEN EDEC DATED

PROTEIN RICH GLUTEN FREE FAT FREE











Technical partner: A.D.Patel Institute of Technology







DE INDIA EXPRESS' INSTANT KHICHDI

developed using locally grown pulses, rice and vegetable enriched with spices as a nutritious meal supplement. Premix khichdi will help overcome under nutrition in entire family and reduce drudgery and save fuel. The mix is Industries at Naswadi.



For over 35 years, Deepak Foundation has been serving the country through its projects in healthcare, education, skills building and livelihood and disability and special needs. With a Pan-India presence, the foundation reaches out to a population of over 5 lacs annually.





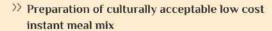


GOAL

>> Creation of value addition systems through food processing and eliminate drudgery

- >> Creation of livelihood opportunity for nearly 3000 women farmers
- >> Tackling anemia and malnutrition at household level





>> Promotion of niche product & social marketing of product through Govt. schemes

>> Capacity building of women in processing & packaging

>> Sustainable livelihood option for Farmer **Producer Companies**

















